

BLACK NARRATIVE POWER TOOLKIT



READ :

- **BLOG:** WE NEED BLACK NARRATIVE POWER TO WIN MEDIA REPARATIONS
- **ESSAY:** AN INVITATION TO DREAM UP MEDIA REPARATIONS
- **BOOK EXCERPT:** NEWS FOR ALL THE PEOPLE
- **REPORT:** THE BLACK ONLINE DISINFORMATION LANDSCAPE

WATCH :

- **CONVERSATION:** NEWS FOR ALL THE PEOPLE
- **EXPLAINER:** RACE, GENDER, CLASS IN THE MEDIA
- **EXPLAINER:** THE FIVE FILTERS OF THE MASS MEDIA MACHINE
- **EDUCATIONAL SERIES:** REPARATIVE JOURNALISM SERIES

LISTEN :

- **DJ MIXES:** BLACK HOUSE RADIO ON APPLE
- **PLAYLIST:** MOTHERLAND DRIP ON SPOTIFY

EXPERIENCE :

- **MOVEMENT:** YOGA WITH NICO MARIE
- **MINDFULNESS:** HEADSPACE GUIDE TO MEDITATION
- **BREATH WORK:** CIRCULAR BREATHING
- **SENSORY EXPERIENCE:** WHOLE